

The Spa

Our sole purpose is to provide relaxation for the body and escape for the mind. Avalon's staff of highly trained professionals utilizes the complete line of AVEDA products in each spa service.

Note - Certain Spa Services are available only at our West Village location.

Massage Therapy

Relaxing

A massage including custom blended AVEDA essences and various relaxing techniques customized to your needs.

30 minutes	45+
60 minutes	75+
90 minutes	105+

Therapeutic

Consisting of deeper pressure and more focused techniques. A massage designed to release patterns of tension, stress and fatigue.

60 minutes	85+
90 minutes	115+

Hot Stone Massage

A combination of soothing heat and touch. Smooth, hot stones are incorporated into a relaxing massage.

90 minutes	140
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Prenatal Massage

Recommended for the second and third trimester to assist in releasing lower back pain, water retention, and sciatica. ([Ask about Beautifying Composition to discourage stretch marks](#))

60 minutes	95
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Thai Massage

This Eastern technique influenced by Ayurveda and Chinese medicine is designed to stretch and relax the muscles, much like doing yoga without any of the work. No oil is applied and you remain fully dressed (please wear comfortable clothing).

90 minutes	130
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Reflexology

An ancient art based on the science of healthy balance and the relationship between reflex points in the feet and organs in the body. Designed to open chakras and improve circulation and overall well-being. ([Take home Foot Relief to keep feet soft and smooth](#))

30 minutes	40
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Body Treatments

Simple Pleasures

The perfect introduction to the Spa at Avalon Salon. Experience a custom designed body massage and facial using AVEDA skin care products and essential oils.

60 minutes	90+
120 minutes	150+

Scrub and Rub

A full body exfoliation with therapeutic marine sea salts and skin conditioning oils followed by a one hour massage.

90 minutes	135
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Chocolate Scrub and Rub

Like our traditional scrub and rub, except with chocolate! Chocolate contains substances known to have calming effects on the body along with anti-oxidants to reduce cellaging.

90 minutes	135
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Steam and Dream

A customized steam designed to detoxify and moisturize skin using Comforting tea and essential oils in a steam tent. This service is followed by a one hour massage.

90 minutes	135
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Body Bronzé

A marine sea salt scrub is applied first to exfoliate the skin. This is followed by an application of Sun Source and designed to create a natural looking glow in two to three hours. ([Take home Aveda's Sun Source for touch-ups](#))

75 minutes	125
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series of 3 - 10% off

Allergy Relief Treatment

This treatment assists the body in reducing the sinus congestion and head/neck soreness that comes along with the changing of the seasons. It consists of a facial steam with Blue Oil and a lymphatic circulation massage. ([Bring home your own bottle of Aveda Blue Oil](#))

30 minutes	45
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added to service 40

series of 3 - 10% off

Caribbean Body Masque and Wrap

Experience a rejuvenating treatment that uses the healing touch and ingredients of the Caribbean. It begins with dry exfoliation followed by a detoxifying seaweed masque and wrap made from red and brown algae, caribbean ginger, sea salt and sugar cane. A relaxing scalp and body massage completes this journey to the islands. ([Take home Caribbean Therapy Body Crème](#))

90 minutes	155
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Facial Therapy

Avalon Signature Facial

An Elemental Nature facial using the AVEDA skin care line that is best for your skin type. Including the elements of cleansing, exfoliation, tone, masque and facial massage, this experience will restore balance to the skin.

60 minutes	75+
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Deep Cleansing Facial

This deep cleansing facial includes more intensive treatments designed to target problematic skin. Includes extractions. ([Try the Outer Peace Acne Foaming Cleanser](#))

60 minutes	85+
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Tourmaline Facial

An innovative alternative to microdermabrasion. Our hands-on approach—and the power of tourmaline—smooths skin texture, reduces the appearance of fine lines, and diminishes pore size while significantly increasing radiance.

60 minutes	95+
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Self-Renewal Facial

Experience a head-to-toe treatment designed for total relaxation and skin rejuvenation. Experience an integrated foot and scalp treatment that uses a combination of pressure point therapy and lymphatic drainage.

90 minutes	135
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Pure Focus Facial

This thirty-minute version of our Avalon Signature facial is perfect for an introduction to skin care and for guests who are on the go.

30 minutes	50+
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Eye Zone Wrap

This service may be added to any facial.

15 minutes	25
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Glycolic Peels

Mild glycolic acid refines pores, exfoliates, and smoothes the skin.

With facial service	30 minutes	20+
Without facial service	30 minutes	70+

Microdermabrasion

A light to deep resurfacing of the skin that stimulates collagen and cell renewal. Can be performed on face and/or body.

30-45 minutes	100+
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series of 3 - 10% off

Face and Body Hair Removal

Waxing/Sugar Waxing/Tinting

Eye Brow	22.50+	Full Leg and Bikini	95+
Lip	20+	Back	55+
Eye Brow and Lip	35+	Chest	50+
Face	35+	Arm	45+
Bikini	35+	Underarm	25+
Brazilian Bikini	60+	Lash Tint	20+
Leg	45+	Brow Tint	30+

Hand and Foot Care

Express Manicure

A relaxing, moisturizing manicure including a buff and shine, cuticle care and polish. Perfect if you are short on time.

30 minutes	27
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Express Pedicure

This treatment includes exfoliation, massage, and a soak in a warm whirlpool footbath, followed by foot and toenail care - polish included.

60 minutes	37
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Spa Manicure

Hands are exfoliated, masqued, massaged, and bathed in a warm paraffin wax to enhance hydration. The nails are then shaped, buffed and polished to perfection. ([chocolate manicure additional \\$10](#))

45 minutes	40
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Spa Pedicure

First, a customized whirlpool footbath - then natural exfoliation, masque, pressure point massage, nail shaping and buffing - topped off with the polish of your choice. Includes a heated paraffin foot treatment to soften and moisturize the skin. ([chocolate pedicure additional \\$10](#))

60 minutes	60
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A La Carte

Glycolic Callus Remover (can be added to Express Pedicure - included in Spa Pedicure)

French Polish w/ Service	10
Nail Art	10
Polish Change Only	15
French Polish Change	20
Nail Removal	50



The Salon

Cutting Services

Women	45+
Men	35+
Shampoo, Blow Dry and Style	30+

Color

*All color services come with a complimentary finish out by an intern. Finish outs requested with a colorist or senior colorist can be made at the time of booking for an additional charge.

All Over Color	55+
Retouch Color	45+
Highlights/Lowlights	65+
Full Highlights/Lowlights	100+
Creative Color	

Please call to schedule consultation

Corrective Color

Please call to schedule consultation

Glaze added to color service	15
Glaze only	25

blow dry service additional

Additional Hair Services

Hair Extensions

Please call to schedule consultation

Relaxers/Braids/Twists

Please call to schedule consultation

*These services available at certain locations only.

AVEDA Purescription Treatment

Deep conditioning treatment for the hair.

With a cutting/color service	15
Without a service <i>blow dry additional</i>	20

Special Occasion/Bridal Services

*Please call to schedule a consultation for special occasion and bridal services.

Special Occasion Styling	50+
Makeup Application	45+

Guest Information

• Price Variation - The "+" sign indicates price variation among service providers and is based on education and experience level.

• Cancellation Policy - A credit card is required when reserving 2 or more hours of spa treatments and spa services on Saturdays. Any cancellation less than 48 hours in advance will be charged 50% of the total price. No-show appointments will be charge 100% of total price. On single service appointments, we kindly request the courtesy of a 24 hours notice for cancellations.

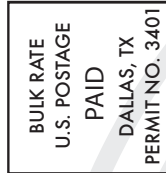
Spa Etiquette

- Please silence cell phones upon entering the Spa.
- Communication with your service provider is encouraged and requested. Please let them know if you want them to focus on or avoid certain areas and if you have a preference for pressure of touch.
- Clients receiving facial and/or waxing services should inform the provider of any medications they are taking, including Acutane or any Retin-A products.
- If you have any special physical or medical considerations that we should be made aware of, please communicate these with your service provider.
- Prenatal Massage is designed for the second and third trimesters only.



Gift Cards

Gift Cards are available in any dollar amount and are designed to allow the recipient to choose from any of our services and/or products. Gift cards may be redeemed at all Avalon locations and are valid for one year from date of purchase. They may be purchased in the store, over the phone, and online.



AVALON

SALONS / SPA

"Best Salon"
Dallas Observer

"Best Experience"
D Magazine

"Best Color Salon"
Allure Magazine

"Best Brazilian Wax"
Lucky Magazine

"Top 200 in America"
Salon Today Magazine

"Hottest & Best in the USA!"
Harper's Bazaar

AVEDA™

Complimentary Wi Fi
High Speed Connection

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