

The Spa

Our sole purpose is to provide relaxation for the body and escape for the mind. Avalon's staff of highly trained professionals utilizes the complete line of AVEDA products in each spa service.

Note - Certain Spa Services are available only at our West Village location.

Massage Therapy

Relaxing

A massage including custom blended AVEDA essences and various relaxing techniques customized to your needs.

30 minutes	45+
60 minutes	75+
90 minutes	105+

Therapeutic

Consisting of deeper pressure and more focused techniques. A massage designed to release patterns of tension, stress and fatigue.

60 minutes	85+
90 minutes	115+

Hot Stone Massage

A combination of soothing heat and touch. Smooth, hot stones are incorporated into a relaxing massage.

90 minutes	140
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Prenatal Massage

Recommended for the second and third trimester to assist in releasing lower back pain, water retention, and sciatica. (Ask about Beautifying Composition to discourage stretch marks)

60 minutes	95
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Reflexology

An ancient art based on the science of healthy balance and the relationship between reflex points in the feet and organs in the body. Designed to open chakras and improve circulation and overall well-being. (Take home Foot Relief to keep feet soft and smooth)

30 minutes	40
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Body Treatments

Simple Pleasures

The perfect introduction to the Spa at Avalon Salon. Experience a custom designed body massage and facial using AVEDA skin care products and essential oils.

60 minutes	90+
(30/30 each service)	
120 minutes	150+
(60/60 each service)	

Scrub and Rub

A full body exfoliation with therapeutic marine sea salts and skin conditioning oils followed by a one hour massage.

90 minutes	135
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Chocolate Scrub and Rub

Like our traditional scrub and rub, except with chocolate! Chocolate contains substances known to have calming effects on the body along with anti-oxidants to reduce cellaging.

90 minutes	135
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Steam and Dream

A customized steam designed to detoxify and moisturize skin using Comforting tea and essential oils in a steam tent. This service is followed by a one hour massage.

90 minutes	135
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Caribbean Body Masque and Wrap

Experience a rejuvenating treatment that uses the healing touch and ingredients of the Caribbean. It begins with dry exfoliation followed by a detoxifying seaweed masque and wrap made from red and brown algae, caribbean ginger, sea salt and sugar cane. A relaxing scalp and body massage completes this journey to the islands. (Take home Caribbean Therapy Body Crème)

90 minutes	155
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Allergy Relief Treatment

This treatment assists the body in reducing the sinus congestion and head/neck soreness that comes along with the changing of the seasons. It consists of a facial steam with Blue Oil and a lymphatic circulation massage. (Bring home your own bottle of Aveda Blue Oil)

30 minutes	45
added to service	35

Facial Therapy

Enbrightenment Brightening Facial

Reduce the appearance of discoloration and dark spots up to 34%. The new massage and application methods inspired by traditional Asian techniques help support healthy skin function. (At home care Enbrightenment Brightening Skin care system)

60 minutes	130
90 minutes	195
Add Foot Reflex	20

Avalon Self-Renewal Facial

Experience a head-to-toe treatment designed for total relaxation and skin rejuvenation. Experience an integrated foot and scalp treatment that uses a combination of pressure point therapy and lymphatic drainage.

90 minutes	135
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Green Science Skin Renewing Facial

The unique rejuvenating facial harnesses the powerful high-tech plant technology of Green Science to renew, repair and regenerate the skin. Clinically proven to lift and firm the skin, reduce fine lines and improve skins tone and clarit (Take home the Green Science Skin Care line for maximum results)

30 minutes	65
60 minutes	130
Add Green Science Peel	35

Tourmaline Anti-Aging Facial

An innovative alternative to microdermabrasion. Our hands-on approach, and the power of tourmaline, smooths skin texture, reduces the appearance of fine lines, and diminishes pore size while significantly increasing radiance.

60 minutes	95+
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Outer Peace Cleansing Facial

This deep cleansing facial includes more intensive treatments designed to target problematic skin. Includes extractions. (Take home Outer Peace Acne Skin Care Line)

60 minutes	85+
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Avalon Signature Facial

An Elemental Nature facial using the AVEDA skin care line that is best for your skin type. Including the elements of cleansing, exfoliation, tone, masque and facial massage, this experience will restore balance to the skin.

60 minutes	75+
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Pure Focus Facial

This thirty-minute version of our Avalon Signature facial is perfect for an introduction to skin care and for guests who are on the go.

30 minutes	50+
Add Green Science Peel	35+

Microdermabrasion

A light to deep resurfacing of the skin that stimulates collagen and cell renewal. Can be performed on face and/or body.

30-45 minutes	100+
series of 3 - 10% off	

A LA Carte Facial

Green Science Peel with service	35+
Green Science Peel Service	65+
Tourmaline Refiner Exfoliant	15+
Lash Tint	20+
Eye Zone Wrap	25+
Foot Reflexology	20+

Face and Body Hair Removal

Waxing/Sugar Waxing/Tinting

Eyebrow	22.50+	Full Leg and Bikini	95+
Lip	20+	Back	55+
Eyebrow and Lip	35+	Chest	50+
Face	35+	Arm	45+
Bikini	35+	Underarm	25+
Brazilian Bikini	60+	Lash Tint	20+
Half Leg	45+	Brow Tint	30+
Full Leg	70+		

A LA Carte Hand and Foot Care

Express Manicure

A relaxing, moisturizing manicure including a buff and shine, cuticle care and polish. Perfect if you are short on time.

30 minutes	27+
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Express Pedicure

This treatment includes exfoliation, massage, and a soak in a warm footbath, followed by foot and toenail care - polish included.

30 minutes	37+
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Spa Manicure

Hands are exfoliated, masqued, massaged. The nails are then shaped, buffed and polished to perfection. (chocolate manicure additional \$10)

45 minutes	40+
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Spa Pedicure

A natural exfoliation, masque, pressure point massage, nail shaping and buffing topped off with the polish of your choice. (chocolate pedicure additional \$10)

45 minutes	35+
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A La Carte

Glycolic Callus Remover	5
French Polish w/ Service	10
Nail Art	10
Polish Change Only	15
French Polish Change	20
Nail Removal	50